

PROPOSAL FOR THE FORMATION OF RESEARCH GROUP

Proposed name:

Research group for the study of endocrine disorders, diabetes and obesity (RESEDO)

Brief introduction

In Nigeria, the most populous African country with a population of about 170million, endocrine disorders particularly, diabetes mellitus and thyroid disorders, are quite common. According to the International Diabetes Federation, the current prevalence of type 2 diabetes (the commonest form of diabetes) in adults aged 20-79 years is about 6%. This is projected to rise to about 8% in about the next decade and half (ie by 2030). The reason for this current trend in the prevalence has been linked to adoption of western lifestyles.

In sub-Saharan Africa, it has been projected that Nigeria will be among the ten nations with the highest burden of diabetes by 2030. Several studies in Nigeria have shown that the mostly affected age groups are those within the productive age groups of 40 - 60 years. Despite several attempts being made at improving the quality of life of people living with diabetes, the number of people reaching set goals and the overall glycaemic control characteristics / profiles has remained poor. More so and more importantly, diabetes and its complications is a highly preventable disorder.

Research focus

1. To evaluate the community burden of diabetes especially among the south Easterners.
2. To evaluate the characteristics people living with diabetes.
3. To evaluate the status of glycaemic control and determinants of poor glycaemic control and outcomes among people living with diabetes.
4. To evaluate in details the determinants of poor control identified above, and their linkage with lifestyle and genetic characteristics.
5. To recommend solutions towards improving diabetes outcomes.
6. To proffer strategies for diabetes prevention among the people.

Members

Dr. C. I. Okafor (Coordinator).....Endocrine Unit, Dept. of Medicine & Dept. of Physiology

Dr. Ekene YoungEndocrine Unit, Dept. of Medicine

Dr. Brenda Nwatu.Endocrine Unit, Dept. of Medicine

Dr. U.S.B. AnyaehieDept of Physiology

Dr. Ejike Arodiwe, Nephrology Unit, Dept. of Medicine.

Prof. E. N. Ofoegbu.....Endocrine Unit, Dept. of Medicine

Prof. J. M. Oli.....Endocrine Unit, Dept. of Medicine

Research topics

- Impact of focused intervention on glycemic profile of people living with diabetes mellitus
- Ten year atherosclerotic cardiovascular risk in newly diagnosed type 2 diabetic patients using the Framingham score. A prospective evaluation.
- Mortality pattern of diabetic patients in UNTH
- Pattern of admission of Endocrine disorders in UNTH: differences between the pre- and post-millennium periods.
- Prevalence of thyroid diseases in patients with chronic kidney disease.

CURRICULUM VITAE

PERSONAL DETAILS:

SURNAME:	Okafor
OTHER NAMES	Christian Ifedili
SEX	Male
MARITAL STATUS	Married
NO. OF CHILDREN	Four
DATE OF BIRTH	9th sept., 1971
PLACE OF BIRTH	Ogidi
PLACE OF ORIGIN	Alor
LOCAL GOVERNMENT AREA	Idemili-south
STATE OF ORIGIN	Anambra
NATIONALITY	Nigerian
PERMANENT HOME ADDRESS	Okafor-mbakwe's compound P.o. Box 81, Alor.
CONTACT ADDRESS	No 5 North third Avenue, Trans Ekulu, Enugu.
OFFICE ADDRESS	Depts. of Physiology / Medicine College of Medicine, UNEC.
E-MAIL ADDRESS	christian.okafor@unn.edu.ng ,

glochris2@yahoo.com

PHONE NUMBER 08033279108 (MOBILE)

PRESENT POST LECTURER 1

EDUCATIONAL INSTITUTIONS ATTENDED WITH DATES

Central school, Nnobi	1976 – 1980
Uru-na-akanano central school , Ogidi	1980 – 1982
Federal Government College, Ikot-Ekpene	1982 – 1988
Nnamdi Azikiwe University, Awka	1989 – 1996
National postgraduate medical college of Nigeria.	2000 – 2009
Trinity Theological College, Umuahia (affiliated to University of Nigeria, Nsukka)	2008 - 2011

QUALIFICATIONS OBTAINED WITH DATES

First school leaving certificate (FSLC)	1982
Senior school certificate in education (SSCE)	1988
Bachelor of medicine; bachelor of surgery (MBBS)	1996
Diploma in theology (Dip. Th)	2011
MSc/PhD (Human Physiology)	in view

POSTGRADUATE EXAMINATIONS PASSED

Primary fellowship examination of the national Postgraduate medical college of Nigeria	2000
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Part I fellowship examination of the national Postgraduate

medical college of Nigeria

2003

Part II fellowship examination of the national Postgraduate

medical college of Nigeria

2009

WORK EXPERIENCE WITH DATES

House officer,

Nnamdi Azikiwe University Teaching Hospital, Nnewi

1997 – 1998

Medical officer i/c, Rural health center, dengi.

Kanam L.G.A. Plateau state

1998 – 1999

Junior registrar

Dept of medicine, UNTH, Enugu.

1993 – 2003

Senior registrar

Dept of medicine, UNTH, Enugu

2003 – 2007

Senior registrar

Dept. Of medicine

Ebonyi state university teaching hospital

Abakaliki 2007 – 2009

Lecturer II, Dept. Of Physiology, UNEC 2009

Lecturer I, Depts. Of Physiology / Medicine, UNEC 2009 to 2012

Senior Lecturer, Depts. Of Medicine / Physiology, UNEC 2012 to date

Honorary Consultant Physician/Endocrinologist, 2009 to date

Endocrine, Diabetes & Metabolism Unit,

Dept. of Medicine, UNTH. Ituku Ozalla, Enugu.

POSITIONS HELD WITH DATES

House Labour Captain

F. G. C. Ikot-Ekpene 1986 – 1987

Class representative

NAU. Nnewi campus 1989 – 1994

Class coordinator

Nigeria conference of Christian medical

and dental students

NAU. Nnewi campus 1990 – 1993

Secretary

Nigeria conference of Christian medical

And dental students

NAU. Nnewi campus

1993 – 1994

Bible study secretary

Nigeria fellowship of evangelical students (nifes)

NAU. Nnewi campus

1992 – 1994

Secretary, Chapel of light

2000 to 2004

Nnamdi Azikiwe University

Nnewi campus

President

Nigeria Fellowship of Evangelical Students (NIFES)

NAU. Nnewi campus

1994 – 1995

Praise and worship director

Full Gospel Business Men's Fellowship

Abakpa chapter

2002 – 2008

Mens' Christian Fellowship Coordinator 2000 – 2007

chapel of restoration,

UNTH, Enugu.

Member, Chapel Council 2000 – 2007

Chapel of Restoration, UNTH, Enugu.

Treasurer

Endocrine and Metabolism Society of Nigeria (Eastern Zone) 2005 - date

COURSES, CONFERENCES AND WORKSHOPS ATTENDED

2014

- “The National Health Bill: A discourse Analysis”. Quarterly college workshop of the College of Medicine, University of Nigeria, Enugu Campus.
- Diabetes and Thyroid Endocrine Meeting (DATE 5), 19th to 22nd June, 2014, Rome, Italy.

2013

- 35th AGMSC of Endocrinology & Metabolism Society of Nigeria. 11th – 13th September, 2013, Lekki, Lagos.
- 5th International forum for diabetes research and care, 25th to 27th April, 2013, Barcelona Spain.

2012

- 34th AGMSC of Endocrinology & Metabolism Society of Nigeria. 13th – 14th September, 2012, Ibadan.
- 1st Scientific session of African Diabetes Congress, 25th – 28th July, 2012. Arusha, Tanzania
- 2012 triennial General meeting & scientific conference of (National Diabetes Congress) of Diabetes

Association of Nigeria. 7th June, 2012. Port Harcourt.

2011

- World Diabetes Congress. 4th – 8th December, 2011. Dubai. UAE
- 33rd AGMSC of The Nigerian Society of Endocrinology and Metabolism (NSEM). 21st – 23rd September, 2011, Zaria.

2010

- 32nd AGMSC of The Nigerian Society of Endocrinology and Metabolism (NSEM). 16th – 17th September, 2010, Lagos.
- AGMSC of American Association of Clinical Endocrinologists (Nigeria chapter). 4th -5th March, 2010. Calabar.
- A 2-day workshop on modern research ethics by UNTH HREC /West African Bioethics programme. 3rd – 4th March, 2012. Enugu.

2009

- 37th Annual Meeting of Research Society for the study of Diabetes in India. 5th – 8th November, 2009. Ahmedabad. India

2008

- 2008 AGMSC of The Nigerian Society of Endocrinology and Metabolism (NSEM). 25th – 27th September, 2008. Abuja.

2007

- Maiden meeting of American Association of Clinical Endocrinologists (Nigeria chapter). 2nd November, 2007. Lagos.
- 2007 AGMSC of The Nigerian Society of Endocrinology and Metabolism (NSEM). 26th – 28th September, 2007. Lagos.
- Postgraduate course in Endocrinology by Nigerian Society of Endocrinology and Metabolism (NSEM). 26th September 2007. Lagos.
- Review course in Internal medicine. Faculty of Intermanl medicine, NPMCN. 19th – 28th March, 2007.

2006

- 2006 AGMSC of The Nigerian Society of Endocrinology and Metabolism (NSEM). 20th – 22nd September, 2006. Jos.
- 15th Annual meeting & Clinical Congress of American Association of Clinical Endocrinologists. April 26 – 30, 2006. Chicago, USA.

2005

- Health Resources Management Course by National Postgraduate Medical College Of Nigeria. 5th – 16th September, 2005. Lagos.
- 2005 AGMSC of The Nigerian Society of Endocrinology and Metabolism (NSEM). 22nd to 24th September, 2005. Enugu.
- Postgraduate course in Endocrinology by Nigerian Society of Endocrinology and Metabolism (NSEM). 21st September 2005. Enugu.
- 2nd Summit on medical education in south-east zone/ Curriculum Review Workshop. 22nd – 23rd August, 2005. Enugu
- Advanced Postgraduate Course of The European Association For The Study Of Diabetes (EASD). 10th – 12th April, 2005. Cameroon.
- Update Course In Nephrology by West African College Of Physicians. 18th – 19th July, 2005. Enugu

2004

- Research Methodology in Medicine workshop. National Postgraduate Medical College of Nigeria. 22nd – 26th March, 2004. Lagos.

2003

- Clinical review and update by NPMCN. 24th February – 7th March 2003. Lagos.
- Pre-conference update course in Nephrology by Nigerian Association Of Nephrology. 19th February, 2003. Enugu

2001

- Revision course in medicine. 20th – 31st August, 2001. Ibadan

PAPERS PRESENTED

1. Okafor CI, Ofoegbu EN, Gezawa I, Mubi BM, Anas Sabir, Raimi Taiwo, Odusan O,

- Puepet Fabian, Fasanmade OA, Ohwovoriole AE. Determination of Waist circumference values predictive of Obesity in apparently Healthy Nigerians. 35th AGMSC of Endocrinology & Metabolism Society of Nigeria. 11th – 13th September, 2013, Lekki, Lagos.
2. Njoku Chinedum, Okafor C.I, Ofoegbu Esther., Oli J. M. Insulin therapy among diabetic patients at the UNTH, Enugu: views from insulin-naive versus insulin-exposed patients. AGMSC, NSEM 2012. Supreme Management Consultants, Ibadan 13th – 14th sept. 2012.
 3. Okafor CI, Ofoegbu EN, Fasanmade OA, Ohwovoriole AE. Comparison of waist circumference and waist to hip ratio as measures of central adiposity AGMSC, NSEM 2012. Supreme Management Consultants, Ibadan 13th – 14th sept. 2012.
 4. First African Diabetes congress. International Diabetes Federation (African Region), Arusha, Tanzania. 25th – 28th July, 2012.
 5. Njoku Chinedum, Okafor C.I, Ofoegbu Esther., Oli J. M. Perception of insulin therapy among type 2 diabetic patients in Tertiary Nigerian Hospital: a preliminary observation.
 6. Okafor CI. Type 2 Diabetes mellitus: Getting our patients to goal. A CME lecture delivered to General practitioners in the General Out-Patient Department of UNTH, Ituku Ozalla. 29th September, 2011.
 7. Okafor CI. EASD/ADA Guidelines in the management of type 2 diabetes mellitus. Lecture delivered during the Lantus launch by Sanofi Aventis. 16th June, 2011.
 8. Okafor, C.I, Iwuala N.R, Ofoegbu, EN. Estimation Of Body Fat And Visceral Fat In Diabetic Patients Seen At Enugu. AGMSC, NSEM 2010. Lagos. [oral]
 9. Okafor, C.I, Iwuala N.R, Olebu, R, Ofoegbu, E,N. Cardiovascular risk factors in a rural community in south east Nigeria. AGMSC, NSEM 2010. Lagos (Poster).
 10. Okafor CI, Ofoegbu EN. The state of the feet in stable diabetic patients. AGMSC American Association of Clinical Endocrinologist (Nigerian chapter) 2010. University of

Calabar. [oral]

11. Okafor, C.I “Care of the foot in diabetes”. A lecture delivered during the 2009 world diabetes day celebration, UNTH Ituku Ozalla. Nov 14, 2009.
12. Outcome Of Diabetes Mellitus Related Admissions in UNTH, Enugu, a 24 – Month Review. NSEM. Abuja. 2008
13. Measurement Of Obesity Among Diabetic Patients In Enugu, Using Various Anthropometric Indices. NSEM. Abuja. 2008
14. Prescription Profiles Of A Cross-Section Of Diabetic Patients Seen At Enugu. NSEM. Lagos. 2007
15. Assessment Of Cognitive Function In Patients With Type 2 Diabetes. N. S. E. M 2006. Jos
16. Evaluation Of The Practice Of Use Of Alternative Medicine in Patients With Type 2 Diabetes Mellitus. N. S. E. M 2006. Jos.
17. Type 2 Diabetes In A Nigerian Adolescent: A Case Report. N.S.E.M.2005. Enugu
18. Outcome Of In-Patient Care For Diabetic Foot Ulcers Seen at U.N.T.H. Enugu. N.S.E.M 2005. Enugu
19. Obesity: Risk Factor For Diabetes Mellitus World Diabetes Day 2004. U.N.T.H, Enugu

PUBLICATIONS

1. **Okafor CI**, Gezawa ID, Sabir AA, Raimi TH, Enang O. Obesity, overweight and underweight among urban Nigerians. *Niger J Clin Pract* 2014; 17: 743 – 9.
2. Anyaehie UB, Okeke T, Nwagha U, Orizu I, Iyare E, Dim C, **Okafor C**. Impact of some low-cost interventions on students’ performance in a Nigerian medical school. *Nigerian Journal of Clinical Practice* 2014;17:555-8
3. **Okafor CI**, Anyaehie USB, Ofoegbu EN. The magnitude of obesity and its relationship to blood pressure among the residents of Enugu metropolis in South East Nigeria. *Annals of Medical and Health Sciences Research* 2014; 4: 624 – 629.

4. E. C. Ejim, B. J. C. Onwubere, **C. I. Okafor**, I.I Ulasi, A. Emehel, U Onyia, J Akabueze, S Mendis, (2013). Cardiovascular risk factors in middle-aged and elderly residents in South-East Nigeria: the influence of urbanization. *Nigerian Journal of Medicine* 2013; 22: 286 - 91
5. Dim CC, **Okafor C**, Ikeme AC, Anyaehie BU. Diabetes Mellitus in Pregnancy: An Update on the current classification and management. *Nigerian Journal of Medicine* 2012;21 (4): 371 – 376.
6. **Okafor CI**. The metabolic syndrome in Africa: Current trends. *Indian Journal of Endocrinology & Metabolism* 2012;16:56-66.
7. **Okafor CI**, Ofoegbu EN. Control to goal of cardiometabolic risk factors among Nigerians living with type 2 diabetes mellitus. *Nigerian Journal of Clinical Practice*. 2012;15: 15 – 18.
8. Chukwuemeka E, **Okafor C**. Obstacles to malaria control policy in Nigeria: An assessment of the impact of counterfeit drugs and regulatory policies. *International Journal of Development Studies*. 2011;3 (2): 11 – 18.
9. Chijioke IR, Ilechukwu GC, Ilechukwu GCA, **Okafor CI**, Ekejindu IM, Sridhar MKC. A community based survey of the burden of *Ascaris lumbricoides* in Enugu. *Annals of Medical and Health Sciences Research* 2011;1(2):165 – 171.
10. B. J. C. Onwubere, E. C. Ejim, **C. I. Okafor**, A. Emehel, A. U. Mbah, U Onyia, S Mendis, “Pattern of Blood Pressure Indices among the Residents of a Rural Community in South East Nigeria,” *International Journal of Hypertension*, vol. 2011, Article ID 621074, 6 pages. doi:10.4061/2011/621074
11. **Okafor CI**, Fasanmade O, Ofoegbu E, Ohwovoriole AE. Comparison of the performance of two measures of central adiposity among apparently healthy Nigerians using the receiver operating characteristics (ROC) analysis. *Indian Journal of Endocrinology & Metabolism*. 2011;15: 320 – 326.
12. **Okafor CI**, Ofoegbu EN. Indications and Outcome of Admission of Diabetic Patients into the Medical Wards of a Nigerian Tertiary Hospital. *Nigerian Medical Journal*. 2011;52(2):86 – 89.
13. **Okafor CI**, Ofoegbu EN. Mini-mental examination in a cohort of patients with type 2

diabetes mellitus in Enugu: A preliminary analysis. *ARD_MED (Journal of Medicine)* 2011;3 (1): 10 – 18.

14. E. C. Ejim, **C. I. Okafor**, A. Emehel, A. U. Mbah, U. Onyia, T. Egwuonwu, J. Akabueze, and B. J. Onwubere. "Prevalence of Cardiovascular Risk Factors in the Middle-Aged and Elderly Population of a Nigerian Rural Community," *Journal of Tropical Medicine*, vol. 2011, Article ID 308687, 6 pages. doi:10.1155/2011/308687
15. Ifeoma I. Ulasi, Chinwuba K. Ijoma, Basden J. C. Onwubere, Ejikeme Arodiwe, Obinna Onodugo, and **Christian Okafor**, "High Prevalence and Low Awareness of Hypertension in a Market Population in Enugu, Nigeria," *International Journal of Hypertension*, vol. 2011, Article ID 869675, 5 pages,. doi:10.4061/2011/869675
16. **Okafor CI**, Ilechukwu GC, Chijioke IR, Ilechukwu CGA, Ekejindu IM, Sridhar MKC. Intensity of Ascaris Lumbricoides among the residents of Enugu (urban). *ARD_MED (Journal of Medicine)* 2009; 1 (2): 12 – 18.
17. **Okafor C.I**, Fasanmade OA, Oke DA. (2008) Pattern of dyslipidaemia among Nigerians with type 2 diabetes mellitus. *Nigerian Journal of Clinical Practice*. 11 (1): 25 – 31
18. EN Ofoegbu, **CI Okafor**. Type 2 diabetes mellitus in Nigerian adolescents. A report of 2 cases and a review of literature. *Global Journal of Medical Sciences*. 2005;4 (1 & 2); 49 – 51.

CONTRIBUTORY AUTHORSHIP

1. Ofoegbu E, Ijoma C, Arodiwe E. (Eds). Compendium of Multiple Choice Questions in Medicine for Resident Doctors & Medical Students. University of Nigeria press ltd, Nsukka, Nigeria. 2014.
2. Experimental Physiology for Medical & Health Sciences Students. Chenglo Ltd, Enugu, Nigeria. 4th reprint. 2012.

MEMBERSHIP OF UNIVERSITY, COLLEGE, FACULTY AND DEPARTMENTAL COMMITTEES

Faculty examination committee	Member	2010 to date
Faculty transport committee	Member	2010 to date
Faculty counseling committee	Member	2010 to date

College transport committee	Member	2011 – date
Internet committee, Dept of medicine	Member	2010 to date
Lecture roster committee, Dept of medicine	Member	2010 to date
Examination committee, Dept of medicine	Member	2014
Examination committee, Dept of Physiology	Member	2009 – 2010
Examination committee, Dept of Physiology	Chairman	2010 – date
Faculty ad-hoc committee on students’ academic records	Member	2011
Faculty ad-hoc committee investigating some cases of students sitting 3 rd , 4 th & 5 th MBBS examination without passing 2 nd MBBS examination	Member	2012

MEMBERSHIP OF LEARNED SOCIETIES

Member, medical and dental consultants association of Nigeria (MDCAN)

Member, Academic Staff Union of Universities (ASUU)

Member, Endocrinology and Metabolism Society of Nigeria (EMSON)

Member, Diabetes Association of Nigeria (DAN)

HOBBIES:

Playing table tennis, listening to music

CURRICULUM VITAE

Name: Dr Young Ekenechukwu Esther (nee Ozono)

Date of birth: December 30, 1972.

Gender: female

Marital status: married

Contact address: Department of Medicine, University of Nigeria, Enugu Campus.

Specialty: Consultant Physician/endocrinologist

Academic rank: Senior Lecturer

Qualifications

Fellow American College of Endocrinologists (FACE) 2014.

Fellow West African College of Physicians (FWACP) 2010.

University of Nigeria MBBS 1998

Federal Government Girls College Benin City SSCE 1989

Research interests

1. Pathophysiology and genetics of chronic disorders such as diabetes mellitus, hypertension.
2. Management of diabetes mellitus and its complications.
3. Prevention of diabetes mellitus, hypertension and other non-communicable diseases.
4. Clinical trials in diabetes and hypertension.

Publications

Journal articles

1. Onyedum CC, Young EE, Iroezindu MO, Chukwuka CJ, Nwagha UI. Atherogenic index of plasma in highly active antiretroviral therapy-naïve patients with human immunodeficiency virus infection in South East Nigeria. Indian J Endocr Metab 2014; 18: 631-6.
http://www.ijem.in/temp/IndianJEndocrMetab185631-6598916_181949.pdf

2. Odum EP, Asekomeh EG, Ntuen NA, Young EE. Cardiometabolic risk factors in obese subjects. IOSR-JDMS 2014; 13(4): 63-67. <http://www.iosrjournals.org/iosr-jdms/papers/Vol13-issue4/Version-4/K013446367.pdf>
3. Odum EP, Asekomeh EG, Young EE. Cardiovascular risk in metabolically healthy and unhealthy obese Nigerians. IOSR-JDMS 2014; 13(5): 72-76. <http://www.iosrjournals.org/iosr-jdms/papers/Vol13-issue5/Version-3/R013537276.pdf>
4. Cajetan C. Onyedum, Michael O. Iroezindu, Chinwe J. Chukwuka, Chukwujekwu E. Anyaene, Frank I. Obi and Ekenechukwu E. Young. Profile of HIV-infected patients receiving second-line antiretroviral therapy in a resource-limited setting in Nigeria. *Trans R Soc Trop Med Hyg.* 2013; 107: 608-614. <http://trstmh.oxfordjournals.org/content/107/10/608.abstract>
5. Chinenye S, Young EE. Diabetes conversation map in Nigeria: A new socio-educational tool in diabetes care. *Indian J Endocr Metab* 2013;17: 1009-11. <http://www.ijem.in/text.asp?2013/17/6/1009/122613>
6. Iroezindu M.O., Isiguzo G.C., Young E.E. Prevalence and predictors of impaired fasting glucose among Nigerian patients with hepatitis B virus infection. *Diabetes Research and Clinical Practice.* 2012; 98: 338-345. [http://www.diabetesresearchclinicalpractice.com/article/S0168-8227\(12\)00304-X/abstract](http://www.diabetesresearchclinicalpractice.com/article/S0168-8227(12)00304-X/abstract)
7. Chinenye S, Young E.E. Isolated postprandial hyperglycaemia in type2 diabetic patients in a Nigerian tertiary health centre. *Indian Journal of Endocrinology and Metabolism.* 2012; 16: 604-608. http://www.ijem.in/temp/IndianJEndocrMetab164604-7072937_193849.pdf
8. Young E.E. Chinenye S. Unachukwu C.N. Beta Cell Response to A Mixed Meal In Nigerian Patients With Type2 Diabetes. *BMC Endocrine Disorders* 2012; 12: 11 <http://www.biomedcentral.com/1472-6823/12/11>.
9. Young E.E., Unachukwu C.N. Psychosocial aspects of diabetes mellitus. *African Journal of Diabetes Medicine* 2012; 20: 5-7. http://www.africanjournalofdiabetesmedicine.com/articles/May_2012/AJDM%20May%20pp%2005-7.pdf
10. Chinenye S., Young E.E. Management of diabetes mellitus in developing countries: The relevance of postprandial hyperglycaemia. *Pakistan Journal of Medical Science* 2011; 27: 677- <http://www.pjms.com.pk/index.php/pjms/article/view/1447>
11. Unachukwu C.N., Young E.E., Uchenna D.I. Self-blood glucose monitoring among diabetic patients in Port Harcourt Nigeria. *African Journal of Diabetes Medicine* 2011; 19: 19-20.

http://www.africanjournalofdiabetesmedicine.com/articles/may_2011/Self%20blood.pdf

12. Chinenye S, Young E. State of Diabetes Care in Nigeria: A review. The Nig Health J 2011;4: 101-106. www.ajol.info/index.php/nhj/article/download/90531/79950.

13. Unachukwu C.N., Uchenna D.I., Young E.E. Endocrine and Metabolic Disorders Associated with Human Immune Deficiency Virus Infection. West Afr Journal of Med 2009; 28: 3-9. <http://dx.doi.org/10.4314/wajm.v28i1.48415>

14. Unachukwu C.N., Uchenna D.I., Young E.E. Mortality among diabetes in-patients in Port Harcourt Nigeria. African Journal of Endocrinology and Metabolism 2008; 7: 1-4. <http://dx.doi.org/10.4314/ajem.v7i1.57567>

B. Technical reports

1. National Clinical Practice Guidelines for Diabetes Management in Nigeria.2011. <http://diabetesnigeria.org/wp-content/uploads/2013/12/Guideline-FOR-DM-IN-NIGERIA-2011-edited-17-11-2011.pdf>

C. Books

Chinenye S, Philip-Ephraim E.E, Young E.E. Lecture notes and essays in Internal Medicine Vols I & II. University of Port Harcourt Press 2013.

CURRICULUM VITAE

PERSONAL DATA

Name: Dr Nwatu, Chidimma Brenda
Sex: Female
Marital Status: Married
Number of Children: Three
Date of Birth: 12 May 1976
Local Government Area: Nkanu East
State of Origin: Enugu State
Nationality: Nigerian
Religion: Christianity
Residential Address: 5 Ekulu West Close GRA Enugu, Enugu State
Postal Address: Dept. of Internal Medicine, College of Medicine
University of Nigeria Enugu Campus
Phone Number: 08036696669
E-mail: cbrecoli@yahoo.com

EDUCATIONAL INSTITUTIONS ATTENDED WITH DATES

- West African College of Physicians 2006-2012
- University of Nigeria Nsukka 1995-2003
- Federal Government Girls' College Owerri 1988-1993
- Zik Avenue Primary School Enugu 1981-1987

QUALIFICATIONS AND CERTIFICATES OBTAINED WITH DATES

- Fellow, West African College of Physicians Oct. 2012
- Certificate of National Youth Service (NYSC) Aug. 2005
- MB; BS (Nig) May 2003
- First School Leaving Certificate 1987

MEMBERSHIP OF PROFESSIONAL BODIES

- Member, Endocrinology and Metabolism Society of Nigeria
- Member, American Association of Clinical Endocrinologists
- Member, Diabetes Association of Nigeria

CURRENT EMPLOYMENT

- Lecturer I – Department of Internal Medicine, College of Medicine, University of Nigeria Enugu Campus
- Honorary Consultant Physician/Endocrinologist - Department of Internal Medicine, University of Nigeria Teaching Hospital Ituku/Ozalla Enugu

CURRICULUM VITAE

A. PERSONAL DETAILS:

Name	ANYAEHIE, Ugochukwu Bond Stanley
Date of Birth	16 th November, 1971
Sex	Male
LGA/State of Origin	Nkwerre/Imo
Marital status	Married with five children
Contact Address	Department of Physiology, College of Medicine, University of Nigeria, Enugu Campus; Enugu.
Telephone	+2348033166226
Email	bond.anyaehie@unn.edu.ng ; ugobond@yahoo.com

INSTITUTION	DATES:	DEGREE OBTAINED
University of Nigeria Nsukka	<i>2011</i>	<i>MPH</i>
	<i>2009</i>	<i>Ph.D (Human Physiology)</i>

Abia State University, Uturu

2004

M.Sc (Human Physiology)

Abia State University, Uturu

1998

M.B; B.S

Abia State University, Uturu

B. EDUCATION

C. EMPLOYMENT RECORD/EMPLOYER, POST:

EMPLOYER	DATE	POST
College of Medicine, University of Nigeria, Enugu campus.	October 2010- date	Associate Professor
College of Medicine, University of Nigeria, Enugu campus.	June 2007- September, 2010	Senior Lecturer
College of Medicine, Imo State University, Owerri.	June 2002- May 2007	Lecturer II (Part-time and later full-time)
National Health Insurance Scheme, Owerri Area office	Dec.2001 - June 2003	Area Coordinator
Nigerian Police Medical Clinic, Owerri	March 2000 - Dec. 2000	Medical Officer(N.Y.S.C.) (Redeployment)
General Hospital, Calabar.	Dec. 1999- March 2000	Medical Officer (N.Y.S.C.)

Usmanu Danfodiyo University Teaching Hospital, Sokoto.	Oct. 1998 - Oct. 1999	House officer (Internship)
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D. ADMINISTRATIVE EXPERIENCE

POSITION	ORGANIZATION/INSTITUTION	DATES
Senator	University of Nigeria Senate	August 2010 to Date
Head of Department	Physiology department, College of Medicine, University of Nigeria, Enugu Campus	2010-2012, 2014 - Date
Director	Directorate of Research and Publications, UNN	April, 2014 to date
Chairman	Faculty task-force on updating of students academic records	April, to Dec 2011
Trustee/Zonal Coordinator	Youth, Health and Social Reforms (NGO)	June 2004 to Date
Vice President	Diocesan Men’s Christian Fellowship, Enugu	Oct. 2009 to Oct. 2011
Chairman	Men’s Christian Fellowship (Church of Resurrection Power, New Haven, Enugu)	January 2008 to Date
Area Coordinator	National Health Insurance Scheme (Owerri Area Office)	June 2002 to 2003

E. AWARDS

Date /Award	1986 /Most Progressive Student
Awarder	Federal Government College, Okigwe.

Date /Award	1992/ One of Ten Most Friendly Students
Awarder	Students Union, Abia State University, Uturu.
Date/ Award	1994/ Most Patriotic Medical Student
Awarder	Abia State University Medical Students Association.
Date/ Award	1997/ Outstanding Service Award
Awarder	Abia State University Medical Students Association.
Date /Award	2000/ Meritorious Service Award
Awarder	National Youth Service Corps (NYSC), Imo State.
Date Award	2010/ Commendation for breaking 20 year old jinx on PG programme
Awarder	Dean, Faculty of Medical Sciences, UNN.
Date Award	2011/ Commendation for attracting donation to College
Awarder	Provost, College of Medicine, UNN.
Date Award	2012/ Research Recognition Award
Awarder	American Physiological Society.
Date Award	2014/ Certificate of meritorious service
Awarder	Provost, College of Medicine, UNN.

F: ACADEMIC PUBLICATIONS:

1. **Anyaehe UB** and Nwobodo Ed. Administrative responsibilities of community-funded health insurance in Nigeria. *Nigerian Medical Practitioner* 2004; 45(3):26-28
2. Okoli C, **Anyaehe UB**, Nwobodo Ed., Njoku CJ and Alagwu EA. Laboratory Manual for Medical students. Chenglo Limited Enugu, 2004
3. Nwobodo Ed, Amilo Grace, Marchie CO, Ndukuba PI and **Anyaehe UB**. The correlation between Erythrocyte sedimentation rate and leukocyte counts in Nigerians. *Orient Journal of Medicine* 2005; 17(1&2) 34-37
4. **Anyaehe UB**. Practical Physiology Manual for Optometry Students. Chenglo Limited, Enugu, 2005
5. **Anyaehe USB**, Nneli R, Nwobodo Ed. and Amadi P. Leukocyte profile in HIV Positive asymptomatic adults in Owerri. *Nigerian Medical Practitioner* 2005; 47(4):61-64
6. Nwanjo [HU](#), [Okolie NJC](#), [Oze G](#), [Okafor MC](#), [Nwosu D](#), [Ajero C](#), [Anyaehe UB](#). Halofantrine (Anti-Malaria) Toxicity in Wister Rats: Biochemical Evaluation of Hepatic Dysfunction. *Research Journal of Medical Sciences* 2007; 1(2):102-4
7. Nwanjo [HU](#), [Okolie NJC](#), [Oze G](#), [Okafor MC](#), [Ajero C](#), [Anyaehe UB](#), [Uloneme GC](#), Njoku CJ and [Nwamkpa P](#). Changes in Some Biochemical Parameters of Kidney Functions in Rats Co-Administered with Chloroquine and Aspirin. *Research Journal of Medical Sciences* 2007; 1(2):106-9
8. Ajero [CMU](#), Nwoke [BEB](#), Okolie [NJC](#), Nwanjo [HU](#), Oze [G](#), Okafor [MC](#), Nwosu [D](#), [Anyaehe B](#) and Uloneme [GC](#). Human nematode ova in Cyclorrhaphan flies in Owerri, South Eastern Nigeria. *Research Journal of Medical Sciences* 2007; 1(2):110-112
9. Ajero [CMU](#), Nwoke [BEB](#), Okolie [NJC](#), Nwanjo [HU](#), Oze [G](#), Nwosu [D](#), [Anyaehe B](#) and Uloneme [GC](#). Bancroftian Filariasis in the Niger Delta Area of Eastern Nigeria. *Research Journal of Medical Sciences* 2007; 1(2):113-7
10. Ucheya RE, Igweh JC, **Anyaehe USB**, Nwosu EO and Nweke ML. Histological changes in the liver following use of *Brassica Oleracea* extract as an anti-trypanosomal agent in Sprague-dawley rats. *Bioscience Biotechnology Research Asia*; 2007; 04(2):395-8

11. **Anyaehe USB**, Nneli RO, Nwagha UI, Njoku CJ and Nweke ML. Leukocyte profile of apparently healthy prospective blood donors in Owerri, Nigeria. *Bioscience Biotechnology Research Asia*; 2007; 04(2);471-6
12. Nwobodo N, **Anyaehe USB**, Nwobodo E and Nwagha UI. Knowledge, attitude and perception of vasectomy by educated Nigerian Christians. *Bioscience Biotechnology Research Asia*; 2007; 4(2): 483-8
13. **Anyaehe USB.**, Nwobodo Ed. and Njoku CJ. Comparative evaluation of active learning and the traditional lectures in physiology: A case study of 200 level medical laboratory students of Imo State University, Owerri. *Nigerian Journal of Physiological Sciences*; 2007: 22 (1-2): 117-121
14. Nwobodo N, **Anyaehe U B**, Nwobodo Ed. and Igwe SA. Evaluation of the ratios T-C/HDL-c and LDL-C/HDL- C as useful summary estimates of coronary heart disease risk in Enugu, Nigeria. *Oriental Journal of Chemistry*; 2008: 24(1), 49-52
15. Nwagha UI, Ugwu EO, **Anyaehe UB**, Onyebuchi AK and Dim C. Emergency contraception; knowledge, perception and practice among female undergraduates in a University community in Nigeria. *Biosciences Biotechnology Research Asia* 2008; **5**(1), 187-192
16. Nwagha UI, Obiora CC, Nwagha TU , **Anyaehe UB**, Igweh JC and Aronu C. Endocrine assessment of non-obese infertile females in a developing economy. *Bioscience Biotechnology Research Asia*; 2008: 5(1):140-150
17. Nwagha UI, Ugwu VO, Nwagha TU and **Anyaehe UBS**. The influence of parity on the gestational age on booking among pregnant women in Enugu, South East Nigeria. *Nigerian Journal of Physiological Sciences* 2008; 23(1-2):67-70
18. Nwagha UI, Igweh JC, Eleazar E, **Anyaehe USB**, Iyare EE, Nweke ML, et al. Experimental Physiology For medical and Health Sciences' students. Chenglo Limited Enugu, 2009.
19. Nwagha UI, Ugwu VO, Nwagha TU and **Anyaehe BU**. Asymptomatic Plasmodium Parasitaemia in pregnant Nigeria women; A decade after roll back malaria. *Transactions of Royal Society for Tropical Medicine and Hygiene* 2009; 130(1):16-20
20. Achukwu P, Ufelle SA, Ukaejiofo EO, Ejezie FE, Nwachukwu DN, Nwagha UI, Nworie WC and **Anyaehe USB**. The effect of Potassium Bromate on some haematological parameters of wistar rats. *Nigerian Journal of Physiological Sciences*; 2009; 24(1):59-61
21. Nwobodo Ed, **Anyaehe UB** , Nwobodo Nkoli, Awiwa C, Ofoegbu Esther, Okonkwo C, Aligekwe C, and Burdick B. Students performances and perception of neurophysiology: Feedback for innovative curricular reform in a Nigerian medical school. *Nigerian Journal of Physiological Sciences* 2009; 24(1):63-66

22. **Anyaehe UB.** Medicinal properties of fractionated Acetone/Water Neem (*Azadirachta Indica*) leaf extract from Nigeria: A Review. *Nigerian Journal of Physiological Sciences* 2009; 24 (2): 157 -159
23. Oze G, Oze R, **Anyaehe B**, Nwanjo H, Nwankpa P, Ezekwe S, Okafor M, Ojiegbe G, Okoro I and Orjiakor A. Analysis of the correlation between morning sickness and rhesus status in pregnant women in Nigeria. *African Journal of Pharmacy and Pharmacology* 2009; 3(11): 573-580
24. Ude Joan and **Anyaehe Bond.** General Physiology. In Nwagha UI (Ed). Fundamental multiple choice questions in Medical Physiology with Answers. Ezu Books Ltd, Enugu; 2009; pp 1-10; 217-222
25. **Anyaehe Bond** and Ude Joan. Blood and body fluids. In Nwagha UI (Ed). Fundamental multiple choice questions in Medical Physiology with Answers. Ezu Books Ltd, Enugu; 2009; pp 11-37; 223-240
26. **Anyaehe Bond** and Ude Joan. Exercise and Environmental Physiology. In Nwagha UI (Ed). Fundamental multiple choice questions in Medical Physiology with Answers. Ezu Books Ltd, Enugu; 2009; pp 205-216; 365-372
27. Gabriel Oze, Nwanjo H, **Anyaehe B**, Nwokoro EA, Ojiako O, Abanobi SE and Onyeze GOC. Pro-oxidant Potential of *Alstonia Boonei* stem bark extract in rats. *Research Journal of Health Sciences* 2010, 1(1): 91-98
28. Oze Rita, Ogukwe C, Nweze C, Ezekwe S, Nwankpa P, Alinor J, **Anyaehe B**, Oze G, Ejike E, Anunuso C and Nwokoro E. Assessment of soil pollution of Qua-iboe River; Any hazards. *Research Journal of Health Sciences* 2010, 1(1): 125-131
29. **Anyaehe USB**, Nwagha UI, Aniebue PN and Nwagha TU. The effect of free distribution of insecticide treated nets on asymptomatic plasmodium parasitaemia in pregnant and nursing mothers in a rural Nigerian community. *Nigerian Journal of Clinical Practice*; 2011; 14(1):19
30. **Anyaehe USB**, Nwobodo E, Oze G, Nwagha UI, Orizu I, Okeke T and Anyanwu GE. Medical students' evaluation of physiology learning environments in two Nigerian medical schools. *Advances in Physiology Education*; 2011; 35:146-148
31. Nwagha UI, Okeke TC, Nwagha TU, Ejezie FE, Ogbodo SO, Dim CC **Anyaehe BU.** Asymptomatic malaria parasitemia does not induce oxidative stress on pregnant women of south eastern Nigeria. *Asian Pacific Journal of Tropical Medicine* 2011; 4(3):229-223.
32. Emerole GC, Nneli RO, **Anyaehe UB**, Okereke C and Osim EE. Prevalence, determinants and distribution of refractive errors in a Nigerian community. *Biosciences Biotechnology Asia* 2011; 8(2):523-528

33. Anyaehie UE, **Anyaehie UB**, Nwadinigwe CU, Emegoakor CD, Ogbu VO Residents perspective of surgical training in the southeast region of Nigeria. *Annals of Medical and Health Research* 2012; 2(1):19-23
34. Okeke TC, **Anyaehie USB**, Ezenyeaku CCK. An overview of female genital mutilation in Nigeria. *Annals of Medical and Health Research* 2012; 2(1):70-73
35. Anyanwu GE, Agu AU, **Anyaehie UB**. Enhancing learning objectives by use of simple virtual microscopic slides in cellular physiology and histology: impact and attitudes. *Advances in Physiology Education* 2012; 36:158-163
36. Dim CC, Okafor C, Ikeme AC, **Anyaehie UB**. Diabetes mellitus in pregnancy: an update on the current classification and management. *Nigerian Journal of Medicine*, 2012; 21(4):371-76
37. Nwagha UI, **Anyaehie BU**. Journal of Basic and Clinical Reproductive Sciences: A new baby with enormous potentials for scientists in the developing world. *J Basic Clin Reprod Sci* 2012;1:1-2
38. Nwagha UI, Iyare EE, Ejezie FE, Ogbodo SO, Dim CC **Anyaehie BU**. Parity related changes in obesity and some antioxidant vitamins in non-pregnant women of South-Eastern Nigeria. *Nigerian Journal of Clinical Practice* 2012, 15(4):380-384
39. Okereke CE, Okeke TC, **Anyaehie BU**, Nwagha UI, Iyare EE, Nwogu-Ikojo E, Orizu IA. The effect of gravidity on Anthropometric Indices of Pregnant women in Enugu, South East Nigeria. *African Journal of Biomedical Research* 2012;15:165-170
40. Okeke TC, **Anyaehie USB**, Ugwu EO, Agu PU, Orizu I, Adiri C, Ezugwuorie J, Ezugwu EC, Nwagha UI. An Audit of Medical Students' Performance in 2nd MBBS Physiology Examination in a Medical School in Nigeria: A 7-Year Review. *American Journal of Clinical Medicine Research*. 2013; 1 (2): 28-31
41. Iyidobi EC, **Anyaehie USB**, Igweh JC, EE Iyare. Leukocyte profile of adult Nigerian subjects with acute musculoskeletal trauma. *Nigerian Journal of Medicine*, 2013; 22(1):32-36
42. Okeke T, **Anyaehie UB**, Ezenyeaku C. Premature menopause. *Annals of Medical and Health Research* 2013; 3(1):90-5.
43. Olubobokun TH, Aluko EO, Iyare EE, **Anyaehie UB**, Atang DE. *Ipomoea batatas* L extract reduces food intake, fasting blood glucose levels and body weight. *European Journal of Medicinal Plants* 2013; 3(4): 530-539
44. Olubobokun TH, Aluko EO, Iyare EE, **Anyaehie UB**. *Dioscorea Alata* L. reduces body weight by reducing food intake and fasting blood glucose level. *British Journal of Medicine & Medical Research* 2013; 3(4): 1871-1880

45. Goswami N, Gorur P, Pilsl U, **Anyaehe B**, Green DA, et al. Effect of Orthostasis on Endothelial Function: A Gender Comparative Study. *PLoS ONE* 2013; 8(8): e71655. doi:10.1371/journal.pone.0071655
46. **Anyaehe UB**, Ogugua C, Orizu I. Can African diets mitigate the scourge of diarrhea? Evidence from review of some recent studies on African plants with anti-diarrhea activities. *Pensee* 2013; 75(9): 88-96
47. Soronnadi CN, **Anyaehe BU**, Iyare EE, Neboh EE, Odiegwu CNC, Odurukwe O. Oral supplementation of Vitamin C reverses haemostatic dysfunction in chronic smokers. *Biomedical Research* 2013; 24(4): 458-462
48. Okeke TC and **Anyaehe BU**. HIV Co-Infection with Hepatotropic Viruses and Mycobacterial Tuberculosis. *J AIDS Clin Res* 2013; 4:229. doi: 10.4172/2155-6113.1000229
49. Okereke CE, **Anyaehe BU**, Dim CC, Iyare EE, Nwagha UI. Evaluation of some Anthropometric Indices for the Diagnosis of Obesity in Pregnancy in Nigeria: A cross-sectional study. *African Health Sciences* 2013; 13(4): 1034 - 1040
50. Nwagha TU, Nwagha UI, Dim CC. **Anyaehe UB**, Egbugara M, Onwasigwe C. Benefit Incidence Analysis of Free Insecticide Treated Nets Distribution in Urban and Rural Communities of Enugu State, Southeast Nigeria. *Nigeria Journal of Clinical Practice* 2014;17(2):168-73
51. **Anyaehe BU**, Nwakoby BAN, Chikwendu C, Dim CC, Uguru N, Oluke GPI,. And Ogugua C. Constraints, challenges and prospects of Public Private Partnership in health care delivery in a developing economy. *Annals of Medical and Health Research* 2014; 4:61-6
52. Dim CC, Ugwu EO, **Anyaehe UB** and Obioha CO. A comparison of capillary and venous blood haematocrits of pregnant women in Nigeria: The impact on diagnosis and prevalence of Anaemia in Pregnancy. *Biomed Research International* 2014; Article ID 467056
53. Nwagha U1, Iyare E, **Anyaehe U**, Onyedum C, Okereke C, Ajuzieogu O, Amucheazi A, Oluboboku T, Agu P1, Igweh J, Oguanuo T. Forced Expiratory Volume in 6 s (FEV6) and FEV1/FEV6 Values as a Viable Alternative for Forced Vital Capacity (FVC) and FEV1/FVC Values During Pregnancy in South East Nigeria: A Preliminary Study. *Annals of Medical and Health Research* 2014; 4: 516-21.
54. **Anyaehe UB**, Okeke T, Nwagha U, Orizu I, Iyare E, Dim C, Okafor C. Impact of some low-cost interventions on students' performance in a Nigerian medical school. *Nigeria Journal of Clinical Practice* 2014; 17:555-8.
55. Okafor CI, **Anyaehe USB**, Ofoegbu EN. The magnitude of obesity and its relationship to blood pressure among the residents of Enugu metropolis in South East Nigeria. *Annals of Medical and Health Research* 2014; 4(4): 624-29.

56. Olubobokun T, Aluko E, Iyare E, **Anyaehe U**, Olatunbosun E, Aizenabor G. Aqueous extract of *Ipomoea Batatas* reduces food intake in male wister rats: A pilot study. *Annals of Medical and Health Research Res* 2014; 4 (4): 647-49.

G: SELECETD MEMBERSHIP OF LEARNED SOCIETIES (Out of 10):

1. Member, Academic Staff of Nigerian Universities (ASUU)
2. Member, Nigerian Medical association (NMA)
3. Member, Physiological Society of Nigeria (PSN)
4. Member, American Physiological Society (APS)

I: REFEREES:

1. Prof. Basden Onwubere.
Provost, College of Medicine,
University of Nigeria Enugu Campus,
Enugu.
2. Prof. Uzo Igbozurike.
Imo State University,
Owerri.
3. Prof. Frank Akpuaka.
Provost,
College of Medicine and Health Sciences,
Anambra State University, Uli.

CURRICULUM VITAE

1. **NAME:** DR. ARODIWE, Ejikeme, Benneth
2. **OFFICE ADDRESS:** Department of Medicine, University of Nigeria Teaching Hospital (UNTH, Ituku/Ozalla), Enugu State, Nigeria
3. **E-MAIL:** arodiwenephrol@yahoo.com or ejike.arodiwe@unn.edu.ng
4. **TELEPHONE:** +2348033415326
5. **RESIDENCE:** Block D, Flat 6, Daddy Onyeama Drive University of Nigeria, Enugu Campus (UNEC)
6. **DATE OF BIRTH:** February, 3, 1964
7. **NATIONALITY:** Nigerian
8. a) **STATE OF ORIGIN:** Imo
b) **L.G.A.:** Ideato North
9. **SEX:** Male
10. **MARITAL STATUS:** Married

11. INSTITUTIONS ATTENDED:

- i) Trinity Theological College, Umuahia, Abia State, Nigeria (2008 - 2011)
- ii) Madras Medical Mission, Chennai, India(August – November, 2012)
- iii) Residency Training, University of Nigeria teaching hospital (UNTH), Enugu. Internal Medicine (1995 – 1998), Nephrology (1998 – 2002)
- iv) College of Medicine, University College Hospital, Ibadan (1983 – 1989)
- v) Boy's Secondary School, Umulolo, Okigwe, Imo State (1977 – 1982)
- vi) Practicing School, Umudi, Nkwerre Division, Imo State (1970 – 1976)
- vii) University of Nigeria, Nsukka(2014-2015)

12. QUALIFICATION:

- i) Cert. Nephrology/Transplant Medicine (2012)
- ii) Dip. Theol. (2011)
- iii) FWACP (2002)
- iv) MBBS 1989
- v) SC/GCE O'LEVEL 1982
- vi) Pgd Health Administration and Management(in view. Completed course work)

13. WORK EXPERIENCE:

- i) Senior Lecturer/Honorary Consultant Physician, University of Nigeria, Enugu Campus (UNEC)/UNTH, Enugu (2009 till Date)
- ii) Lecturer/Honorary Consultant Physician, UNEC/UNTH, Enugu (2005 – 2009)

- iii) Head of Department/Consultant Physician Internal Medicine, Federal Medical Centre (FMC) Owerri (2002 – 2005)
- iv) Resident Doctor: Department of Medicine, UNTH, Enugu (Internal Medicine 1995 – 1998, Nephrology 1999 – 2002)
- v) Medical Officer: Christ the King Hospital, Enugu. 1992 – 1995
- vi) Medical Officer: National Youth Services (NYSC) 1991 – 1992
- vii) House Officer: UNTH, Enugu (1990 – 1991)

14. PROFESSIONAL AFFILIATIONS:

- i) Nigerian Medical Association
- ii) Medical and Dental Council of Nigeria
- iii) Life Member, West African College of Physicians.
- iv) Nephrology Association of Nigeria
- v) Medical and Dental Consultants Association of Nigeria
- vi) Member International society of Nephrology/World Council of Nephrology

15. EXTRACURRICULAR ACTIVITIES

- i) Football
- ii) Christian Activities and currently the Chaplain Church of Divine Compassion, UNTH, Ituku/Ozalla, Enugu
- iii) Voluntary Operator of Blessed Assurance Medical Centre in Enugu, as a Community Development Effort (2005 till Date)
- iv) Voluntary Operator of St. Luke’s Missionary Hospital Oduma, Agwu/Aninri Diocese, Anglican Communion

16. PRESENT POSITIONS:

- i) Senior lecturer: Faculty Position, Department of Medicine, College of Medicine, University of Nigeria, Enugu Campus (2009 till Date)
- ii) Honorary Consultant Physician/Nephrologist, Department of Medicine, UNTH, Enugu (2005 till Date)

17. RESEARCH WORK/PUBLICATIONS:

1. **Arodiwe EB**, Ijoma CK. Calcium and phosphate levels in an adult Nigerian population with chronic renal failure. Owerri medical journal. 2005; 1: 21-23.
2. Ulasi II, **Arodiwe EB**, Ijoma CK. Left ventricular hypertrophy in African black patients with chronic renal failure at first evaluation. Ethnicity and Dis 2006; 16:859-864.

3. **Arodiwe EB**. Left ventricular hypertrophy in renal failure; a review. Nigerian journal of clinical practice. 2007; 10: 83-90.
4. **Arodiwe EB**, Ike SO, Nwokediuko SC. Case fatality among hypertension-related admissions in Enugu, Nigeria. Nigerian journal of clinical practice. 2009;
5. Ike SO, **Arodiwe EB**, Onoka I. Profile of Cardiovascular risk factors among priests in a Nigerian Rural Community. Nigerian Medical Journal. 2008; 48(4): 79-84.
6. Nwokediuko SC, **Arodiwe EB**. Discharge against medical advice in Enugu, South-East Nigeria. Journal of college of medicine. 2008; 13(1): 34-38.
7. Ulasi II, Ijoma CK, **Arodiwe EB**, Okoye JU, Ifebunandu NA. Lifestyle Risk Factors: Do they contribute to Chronic kidney disease in developing countries? Internet Journal of Nephrology. 2010; 6(1). Doi 10.5580/290e.
8. **Arodiwe EB**, Ulasi II, Ijoma CK. Left Ventricular Diastolic Function in a Predialysis Patient Population. West African Journal of Medicine Vol. 29, No. 4 July – August 2010.
9. **Arodiwe EB**, Ulasi II, Ijoma CK. Left Ventricular Systolic Function in a Nigerian Predialysis patient population with chronic kidney disease. Nigerian postgraduate Medical journal. Vol. 17, No 4 Dec. 2010.
10. Ijoma CK, **Arodiwe EB**, Ulasi II. Pericardial thickening is common in Nigerian patients with Chronic kidney disease. Int J Nephrology and Urol . 2010; 3(2): 438-446.
11. **Arodiwe EB**, Ijoma CK, Ulasi II. Case fatality among Patients with acute kidney injury in Enugu- a Preliminary Review. ARD_MED. Journal of Medicine. 2009; 1(1):17-20.
12. Ifeoma I. Ulasi, Chinwuba K. Ijoma, Basden J.C. Onwubere, **Ejikeme Arodiwe**, Obinna Onodugo, Christian Okafor. High prevalence and low awareness of hypertension in a market population in Enugu, Nigeria. International J of Hyperten, 2011.doi: 10.4061/2011/869675.
13. **Arodiwe EB**, Ijoma CK, Ulasi II, Onodugo O. Renal function in Nigerian patients with Heart failure. The internet Journal of Internal Medicine. 2012 Vol.9 (2). DOI: 10.5580/2bd4
14. **Arodiwe EB**, Eze JC. Comparative analysis of vascular access for haemodialysis in End Stage Renal Disease in a developing and developed country. The internet Journal of third world medicine. 2012 Vol.10(1). DOI:10.5580/2c6f
15. Anakwue RC, **Arodiwe EB**, Ofoegbu EN. The prevalence and control of hypertension among patients with type 2 Diabetes Mellitus in Nigeria. J. College of Med, 2012; 17(2).
16. Ifeoma I. Ulasi, Chinwuba K. Ijoma, Obinna D. Onodugo, **Ejikeme B. Arodiwe**, Ngozi A. Ifebunandu, Julius U. Okoye. Towards prevention of Chronic Kidney disease in Nigeria: A community-based study in Southeast Nigeria. Kidney International Supplements 2013: 195-201.
17. **Arodiwe EB**, Ike SO, Nwokediuko SC, Ijoma CK, Ulasi II. Pattern of Cancer Deaths in the Medical wards of a teaching hospital in South East Nigeria. Nigerian Journal of clinical practice. 2013; 16 : 505-10.
18. Onodugo OD, Onwuekwe IO, **Arodiwe EB**, Ijoma CK, Ulasi II, Ubani-Ukoma CB. Seizure Disorder among Chronic Kidney Disease Patients in Enugu, South East Nigeria. Niger J Med 2013: 351 – 353.

19. I I Ulasi, S Tzur, W G Wasser, R Shemer, E Kruzel, E Feigin, C K Ijoma, O D Onodugo, J U Okoye, **E B Arodiwe**, N A Ifebunandu, C J Chukwuka, C C Onyedum, U N Ijoma, E Nna, M Onuigbo, S Rosset, K Skorecki. High Population Frequencies of APLO1 Risk Variants Are Associated with Increased Prevalence of Non-Diabetic Chronic Kidney Disease in the Igbo People from South-Eastern Nigeria. *Nephron Clin Pract* 123: 123-128
20. **Arodiwe EB**, Nwokediuko SC, Ike SO. Medical causes of death in the wards of a tertiary health care institution in Southeast Nigeria. *Nigerian Journal of clinical practice*. Oct-Dec. 2014.

18. **CONFERENCE PAPERS PRESENTED**

- A. Nigerian association of Nephrology (NANCONF), Feb.19th-22nd 2002. Lagos. Prevalence of and factors associated with pericardial disease in Adult Nigerians with Chronic renal failure: An echocardiographic study.
- B. The Nigerian hypertension study. Case fatality among hypertensive admissions: A Preliminary review 2nd- 4th July, 2006. Sokoto.
- C. Nigerian association of Nephrology. Case fatality among patients with Acute renal Failure Feb. 2007. Maiduguri.
- D. Nigerian association of Nephrology (NANCONF), Feb. 18th – 21st Lagos 2008. Left Ventricular Systolic Dysfunction in Patients with Chronic Kidney Disease at University Of Nigeria Teaching Hospital, Enugu.
- E. Chronic kidney disease seen in unth from jan.2006 to Dec.2006. NANCONF/African association of Nephrology Abuja 2009.
- F. Mortality pattern at Adult medical wards of a teaching hospital in SE Nigeria. An 11 year review. WACP, Bangul, Gambia. Nov.6-11, 2011.
- G. Chronic kidney disease is the commonest cause of death in the adult medical wards of UNTH, Enugu. NANCONF, Enugu 2012.
- H. Renal function in Nigerian patients with Heart failure. NANCONF, Enugu. Feb.2012.
- I. Pattern of chronic kidney disease in medical wards admission in a teaching hospital in South East Nigeria: A one-year preliminary review. World Congress of Nephrology, Hong Kong, March 2013.
- J. Pattern of cancer deaths in the medical wards of a teaching hospital in South East Nigeria. West African College of Physicians, 36th Annual meeting and conference, Abidjan, Ivory Coast

19. CONFERENCES ATTENDED

1. Association of Physicians of Nigeria (ASPON). Annual Scientific Conference and General Meeting 18th – 19th March, 1999, Banquet Hall, Hotel Presidential, Port Harcourt.
2. West African College of Physicians (Nigerian Chapter.) Annual General and Scientific Meeting CANAN 2002. 17th – 21st July, 2002. State Library complex, Calabar.
3. Nigerian Association of Nephrology. 14th Annual Scientific Conference and General Meeting 19th – 22nd February, 2002 Lagos.
4. West African College of Physicians (Nigeria Chapter) annual General and Scientific Meeting 14th – 18th July, 2004. Conference Hall, University of Ibadan, Ibadan.
5. Nigerian Association of Nephrology. 16th Annual General and Scientific Conference (NANCONF) 19th – 20th February, 2004. Jos
6. Nigerian Association of Nephrology (member International Association of Nephrology) 17th Annual General Meeting and Scientific Conference. 17th – 18th February, 2005. Hotel Presidential Port Harcourt.
7. The Nigerian Hypertension Society. 13th Annual General and Scientific Meeting. 2nd – 4th July, 2006 Gininya Hotel, Sokoto.
8. West African College of Physicians (Nigeria Chapter) 31st Annual General and Scientific Meeting 9th – 12th July, 2007. Makurdi.
9. West African College of Physicians. 31st Annual General and Scientific Meeting Accra, Ghana. 11th – 16th Nov. 2007.
10. Nigerian Association of Nephrology. 19th Annual General and Scientific Conference. 17th – 20th February 2007. Maiduguri.
11. Nigerian Association of Nephrology (in collaboration with international Society of Nephrology). 20th Annual Scientific and General Meeting 18th – 21st February 2008. Lagos Airport Hotel, Ikeja, Lagos.
12. Nigerian Association of Nephrology. 15th Annual Scientific Meeting and Conference. 18th – 29th Feb. 2003. Protea Hotel (Nike Lake Resort) Enugu.
13. West African College of Physicians. 32nd General and Scientific Meeting, Abuja Nigeria. Nov. 2008.
14. Nigerian Association of Nephrology and African Association of Nephrology (AFRAN) – Joint Meeting Abuja. Nigeria. FEB. 2009.
15. Nigerian Association of Nephrology 22nd Annual Scientific and General Meeting Zaria, Nigeria. Feb – 2010.
16. WACP 33rd Annual General meeting and scientific conference, Freetown, Sierra Leone. Nov. 2010.

17. WACP 34TH Annual General meeting and scientific conference (Nigerian Chapter), Lagos. July 2011.
18. WACP 34th Annual General Meeting and Scientific conference, Bangul, Gambia. Nov. 2011
19. NANCONF 25th Annual General meeting and scientific conference, Enugu. 2012, Feb.
20. WACP(Nigeria Chapter) 36th Annual General and Scientific meeting. Uyo, July 2012.
21. NANCONF 26th Annual General meeting and scientific conference, Abuja, February 2013.
22. World Congress of Nephrology, Hong Kong, March 2013.
23. WACP 37TH Annual General meeting and Scientific conference, Abidjan, Ivory Coast. Nov. 2013
24. NANCONF 27th Annual General meeting and scientific conference, Owo/Akure. Feb. 2014.

20: REFEREES:

1. Prof. B. J. C. Onwubere
Former Provost, College of Medicine
University of Nigeria
Enugu Campus
2. Prof. C. K. Ijoma
Former Head, Department of Medicine
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3. Prof. I. I. Ulasi
Department of Medicine
College of Medicine
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4. Dr. J. C. Eze
Department of Cardiothoracic Surgery
UNTH, ENUGU

21. OTHER ACTIVITIES:

Chaplain, Church of Divine Compassion (Anglican Communion), University of Nigeria Teaching Hospital, Ituku/Ozalla, Enugu

22. RESEARCH INTEREST:

- i. Cardiovascular effect of kidney diseases/Diabetes Mellitus
- ii. Preventive Nephrology
- iii. Renal Transplantation & Management
- iv. Dialysis
- v. Health Economics, Management and Policy as it concerns renal disease patients